



Bruin Fundamental Camp

October 13TH

Bear Nation Football is offering a football camp for all current 7th and 8th graders who have the desire to play football at Alta Sierra. This camp is designed to introduce all current 7th and 8th graders to their future teammates and coaches at Alta Sierra and Buchanan High School. Through the instruction from Alta Sierra football staff, our "Future Bears" will be taught techniques and fundamentals that are going to be taught to all levels of Bear Nation Football.

Camp cost is \$50

Camp Dates: (Tues/Thurs)	<u>Camp Schedule (8th grade only)</u>	<u>Camp Schedule (7th grade only)</u>
Oct. 13,15, 20, 22, 27, 29	3:00-3:10pm Registration/Check In	4:35-4:45pm Registration/Check In
Nov. 3, 5, 10, 12, 17,19	3:10-3:20pm Warm up	4:45-4:55pm Warm up
Official Practice start date:		
Monday Nov. 30 3-6:00pm	3:20-4:25pm Fundamental Circuit Training	4:55-6:00pm Fundamental Circuit Training

Attire: Athletic shorts, shirt (alta gear preferred)

***must provide own water, no sharing, no water

stations will be available due to COVID

Hand sanitizer will be provided

Questions?

Contact: Coach O'Brien at jimobrien@cusd.com or

Coach Giordano at mattgiordano@cusd.com

Location: Alta Football Field

Camp cost \$50 – Absolutely NO REFUNDS!

Please make checks payable to: "Clovis Unified School District" Memo: Buchanan Football Foundation

**** PAY UPON ARRIVAL ****

Player's Name _____ Parent's Name _____

Current Grade Level: _____

Address _____ City _____

Zip _____ Phone # (____) _____ Email _____

~~In accordance with CIF bylaw 207, any athlete who transfers from School "A" to School "B" after having prior contact, during the previous 24 months, either directly or indirectly with school "B" prior to enrollment shall not be eligible at School "B" for 365 days from initial date of enrollment. This includes this camp, clinic, AAU, club team, and/or workouts.~~