

# CSI Makes a Difference

***“One of my students who didn’t do her work, was often out of class and never made eye contact, now makes eye contact, stays in class and even presented her project in front of the class!”***  
***-Clovis North HS Teacher***

***“Creative solutions to life’s challenges, along with positive student and adult relationships are born out of CSI groups.”***  
***- Steve Pagani, Principal  
Alta Sierra Intermediate***

***“Others are going through things and they will be there to support you.”***  
***-Buchanan HS Student***

***“We know that kids aren’t going to be available to learn and participate if they are not having all their fundamental needs met.”***  
***-Gina Kismet  
Maple Creek Principal***

***“I learned to love myself and accept others for who they are.”***  
***-Buchanan HS Student***

## 2016-2017 CUSD student survey results:

- 85% feel better about coming to school.
- 75% reported improving their overall academics and goals.
- 87% have more hope for their future.
- 85% feel more confident in life and school.
- 72% pay attention and focus better in school
- 86% reported improved relationships with peers and adults.
- 86% feel supported and understood in their life challenges.
- 89% know who and where to go for help
- 83% can communicate and express their feelings in a more positive way.
- 89% reported they think about making better choices.
- 84% reported they are more confident in dealing with problems and challenges.
- 83% like and accept themselves in new ways.
- 94% reported that participating in their CSI group was beneficial and enjoyable.

### For more information contact:

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# CSI

## Clovis Support & Intervention



# Clovis Support and Intervention is for all students!

Everyone faces challenges. Whether it is the need to build friendships, adjusting to a new school, family changes or working through the loss of a family member, CSI groups support students in every circumstance. Students make good decisions when they search for the tools that will help them grow as individuals-- tools that will assist them in accomplishing their goals and reaching their dreams. CSI fosters those important decisions, and helps students make valuable connections with peers and trained staff and has been proven to work.

## What is CSI?

CSI is an 8 week support group that helps students learn to listen and communicate, empathize, accept and support others. The adult facilitators

are certified to create a safe, positive environment, that is supportive but not counseling or therapy. They gain hope, support and tools to navigate successfully in all areas of their lives.

## How does it work?

All of this happens in a confidential small group setting occurring for one hour per week for eight weeks, during the school day. Students see that they are not alone in life challenges, learn ways to cope and connect in a meaningful and caring way with two trained adults and 6-10 peers in a positive support group.

## Who is it for?

Any student can benefit from the support, connection, communication and listening skills gained in groups.

## Benefits

- Meaningful connections with peers and adults
- Interpersonal relationship skills

- Communication skills— listening and speaking
- Communicating feelings effectively and appropriately
- Self-reflection
- Assertiveness
- Team Building
- Social skills
- Positive coping skills
- Problem solving
- Self-control
- Goal setting

(All of these are critical for effective high school, college, professional and relational experiences)