

Parent & Child Activity Calendar

Elementary School

Clovis Unified School District



THE PARENT INSTITUTE **March • April • May 2019**

Parent & Child Activity Calendar		Elementary School Parents <i>make the difference!</i>				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2019					1 With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.
3 Have your child set a weekly goal. Write it down. Invite other family members to do the same.	4 Have your child figure out the average age of family members. (Add up ages, divide by number of family members.)	5 If your child could be a famous person in history, who would he be? Why?	6 Let your child help you make a family chore chart. Everyone can check off jobs as they finish them.	7 Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first?	8 Encourage your child to sort her books by subject. She can use the library's system or invent her own.	9 Let your child draw on paper with a white candle. His picture will appear when he paints over it with watercolors.
10 Set aside some time to spend one on one with your child today.	11 Create a family joke book. Write one or two jokes per page. Staple the pages together.	12 Play a game of Concentration with math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	13 If your child could have just one wish, what would it be? Ask her!	14 Encourage your child to take risks as long as they don't affect his safety. For example, have him try a new food.	15 Have a family reading night. Everyone should curl up with a good book.	16 Visit the library with your child. Check out a book about science.
17 Fill glasses with different amounts of water. Have your child tap them with a metal spoon and listen to the tones.	18 Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	19 Talk with your child about new words that she thinks should be in the dictionary.	20 Read a story to your child. Later, ask him to retell it to you from memory.	21 Look over your child's homework. Give genuine compliments and helpful criticism.	22 At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.	23 Let your child clean some dirty pennies with ketchup. Explain that this is a chemical reaction.
24 Practice origami with your child.	25 Look for a community service to do with your child. Consider donating gently-used clothes or toys.	26 List animals your child loves. If she could have any animal as a pet, which would it be? Why?	27 Watch the news with your child. Locate one place mentioned on a world map.	28 Play a game of tic-tac-toe with your child.	29 Tonight, take a walk with your child. See how many stars you can see.	30 Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.
31 Give your child a hug today.						

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	1 Celebrate April Fool's Day by doing something silly with your child.	2 Give every letter of the alphabet a monetary value. A = 1¢, B = 2¢, etc. Who can write down the most valuable word?	3 Talk about the importance of fruits and vegetables for healthy bodies. Let your child help you prepare and eat some.	4 Find a new way to say "I love you"—in sign language or in secret code.	5 Ask your child to rank homework assignments from easiest to hardest. Have him work on the hardest one first.	6 Have 20 minutes of DEAR (Drop Everything And Read) time today.
7 Mark off inches on the side of a clear jar. Set it outside. After a week, have your child check how many inches of rain you've had.	8 Ask your child if she ever had a dream that really scared her. What was it about?	9 Help your child make a personal dictionary with his spelling or vocabulary words.	10 Play Math Jeopardy. Say a number and see who can come up with a problem for which it is the answer.	11 Just for fun, serve a backwards dinner tonight. Eat dessert first.	12 Look at the weather forecast today. Compare where you live to the rest of the country.	13 Exercise with your child. Try touching your toes, doing sit-ups, running in place or stretching your arms and legs.
14 Help birds build a nest. Collect bright yarn and fabric scraps. Put them in a mesh bag and hang the bag on a tree.	15 Encourage your child's creativity. Ask unusual questions. "What would you bring to a picnic in space?"	16 Ask your child to name five things she has learned in school this month.	17 Have your child solve silly math problems, such as "How many hours are there until the last day of school?"	18 Have your child rub two stones together for a few minutes. Can he feel the heat generated? This is due to <i>friction</i> .	19 Does your child need some new books? Organize a book swap in your neighborhood.	20 Play a game with your child today. It can be an active outdoor game or a quiet board game. Let her choose.
21 Find a kid-friendly recipe. Help your child make that dish today.	22 Today is Earth Day. As a family, think of something you can do to protect the earth.	23 Teach your child how to take his pulse. Then have him jump up and down 50 times and take it again.	24 Share your heroes with your child. Talk about why you admire them.	25 On a piece of cardboard, have your child write a quotation or draw a scene from a book. She can use it as a bookmark!	26 Encourage your child to put on a talent show. You provide the popcorn and the applause.	27 Learn where your town gets its water. Brainstorm ways you and your child can conserve water.
27 Let your child help with a household chore today. Remember to thank him when he finishes.	29 Talk to your child about the importance of recycling.	30 Today is International Jazz Day. Find a radio station that plays jazz and listen to it with your child.	<h2>April 2019</h2>			

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<h2>May 2019</h2>			1 Plan to get some exercise with your child every day this month.	2 Challenge your child to figure out a math problem without using pencil and paper or a calculator.	3 Play I Spy with your child. Say "I spy something orange." Let your child guess what it is. Then it's her turn to spy.	4 Today is National Weather Observers Day. Go outside and observe the clouds with your child.
5 Play fun math games with your child, such as Connect 4, dominoes and Uno.	6 Praise your child for something he did well today. Make your praise as specific as possible.	7 Teach your child this stress-relieving strategy: Breathe deeply while slowing counting to 10.	8 Does your child have an end-of-year project? Help her break it down into small steps.	9 Make it a point to use five new words at the dinner table tonight.	10 Encourage your child to write a letter today to a distant relative or friend.	11 Have your child check out a book on insects. Together, find and identify some in your backyard.
12 Go for a walk or bike ride today. Ask your child to spot something he hasn't seen before.	13 Ask your child to tell you the three best things about herself.	14 If your child dawdles, challenge him to complete a task before you can count to 25.	15 Nurture your child's curiosity with questions like: "Why do you think ...?" and "What might happen if ...?"	16 When your child finishes reading a book, ask her to discuss it with you.	17 Let your child plan dinner tonight. How many food groups can he include?	18 Today is International Museum Day. Talk with your child about the value of museums. Visit one locally or online.
19 Go for a reading picnic together. Take some books, a snack, and a blanket to sit on.	20 Teach your child the Golden Rule: Treat others as you would like to be treated.	21 On this day in 1881, Clara Barton founded the American Red Cross. Learn more about her with your child.	22 Ask your child to draw a map of how to get from your home to school.	23 Make an effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	24 Watch a movie based on a children's book with your child. Then, read the book together. How are they different?	25 Give your child some sidewalk chalk. Do math problems outside together.
26 Give your child something to take apart—a ball point pen, a flower, an old toy. Encourage him to figure out how it works.	27 Encourage your child to draw a picture of a person she admires.	28 Ask the school about dates for year-end tests. Make sure your child gets enough sleep the nights before.	29 Tell your child that you want him to <i>do</i> his best, but he doesn't have to <i>be</i> the best.	30 Talk to your child about the values that are important to you.	31 Help your child figure out the perimeter and area of her bedroom.	